

Importance of Psychology in Rare Diseases

Liesbeth Siderius, pediatrician





Introduction

- **(Dis)abled child**

Rare is common

- **The Diagnosis**

Early recognition

- **Universal Health Coverage**

Sustainable development goals

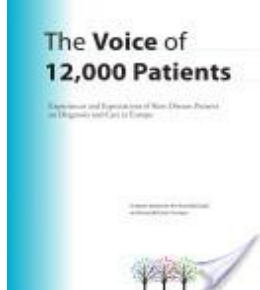
- **Leave no child behind**

Global child health



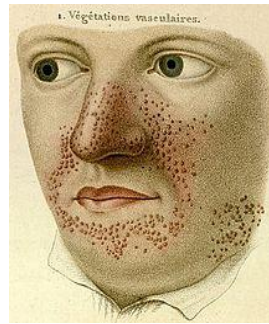
Listen to the Voices of 12,000 Patients

2009

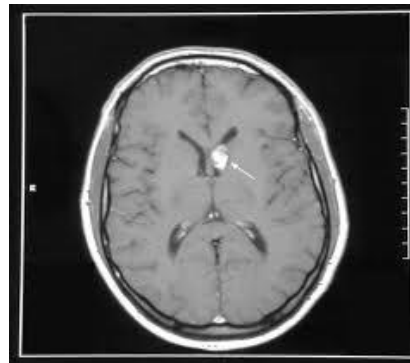
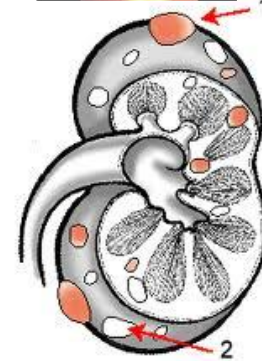
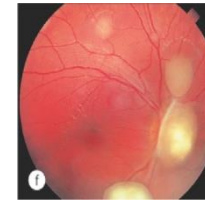


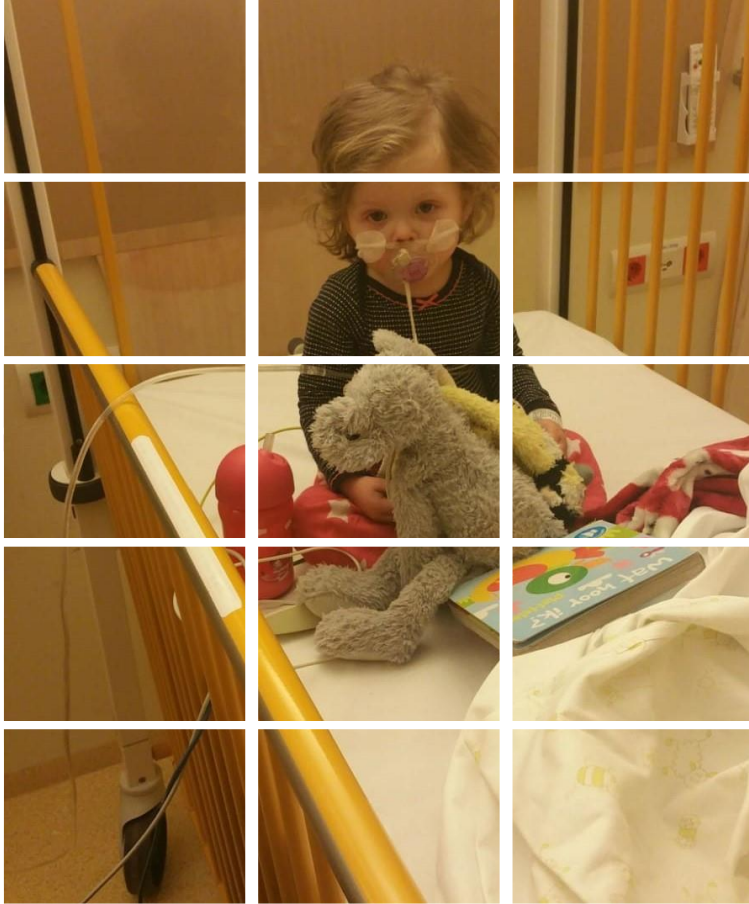
After first symptoms,
battle for diagnosis,
which can last for
years.

After the diagnosis,
faced with
inadequate health and social care.



Tuberous sclerosis
complex





Disabling and Rare Conditions

70 % manifests in childhood

Health and well being for all

< 5 year 2-3 % have a rare disease

Early recognition

chronic and life-threatening

Reduce inequalities

72% of genetic origin

Shwachman Diamond Syndrome



Disabled child

Children living with the diagnosis

- autism,
- developmental delay,
- cerebral palsy,
- hearing deficits and
- visual impairment

may very well have a

rare condition with

➤ specific health risks and
treatment.



NGO Committee for Rare Diseases

The NGO Committee for Rare Diseases aims to promote multi-stakeholder collaboration and actions for rare diseases within the United Nations system.

It is established under the umbrella of the Conference of NGOs in Consultative Relationship with the United Nations (CoNGO) and acts as a forum of interested parties such as NGOs from the field of rare diseases and beyond; United Nations bodies and agencies; as well as individual experts.

The United Nations Sustainable Development Goals (SDG) 2016 #3 “Ensure healthy lives and promote well-being for all ages”.

The United Nations has emphasized the need to:

- end preventable deaths of new-borns and children under five
- end avoidable mortality caused by non-communicable diseases
- achieve universal health coverage
- support the research and development of medicines





- # 1 End Poverty in all its forms everywhere
- # 3 Ensure healthy lives and promote well-being for all at all ages
- # 4: Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all
- # 5: Achieve gender equality and empower all women and girls
- #10: Reduce inequality within and among countries
- #17: Revitalize the global partnership for sustainable development



CUNICEE/UN040894/SHUBUCKI

#ADay4All

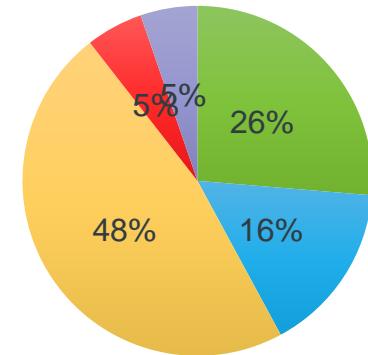
Most rare and disabling conditions
manifest in early childhood



Universal Health Coverage, leave no child behind



Pediatricians working in:



- Primary care
- Secondary care
- Tertiary care
- Trainee
- Other

European Pediatric
Network Rare Diseases
Questionnaire
October- November 2019

Response 38 ; 24 countries



Leave no one behind

What can we do?



The Netherlands

Day Centre
Coffin Lowrey
Syndrome



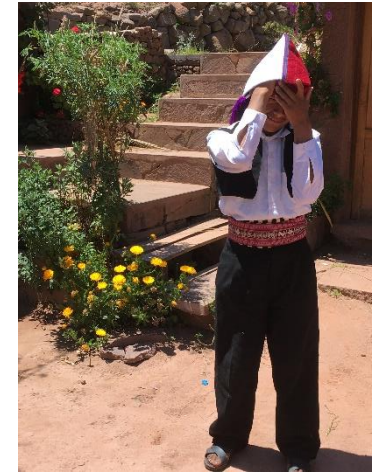
Sri Lanka

Pediatric Clinic
To be diagnosed



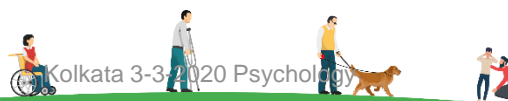
Georgia

Abandoned
Undiagnosed



South America

Living with family
In rural village
'Birth trauma'



When new techniques available and affordable for all

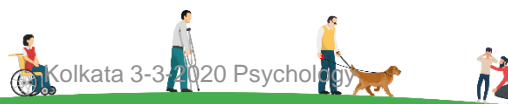


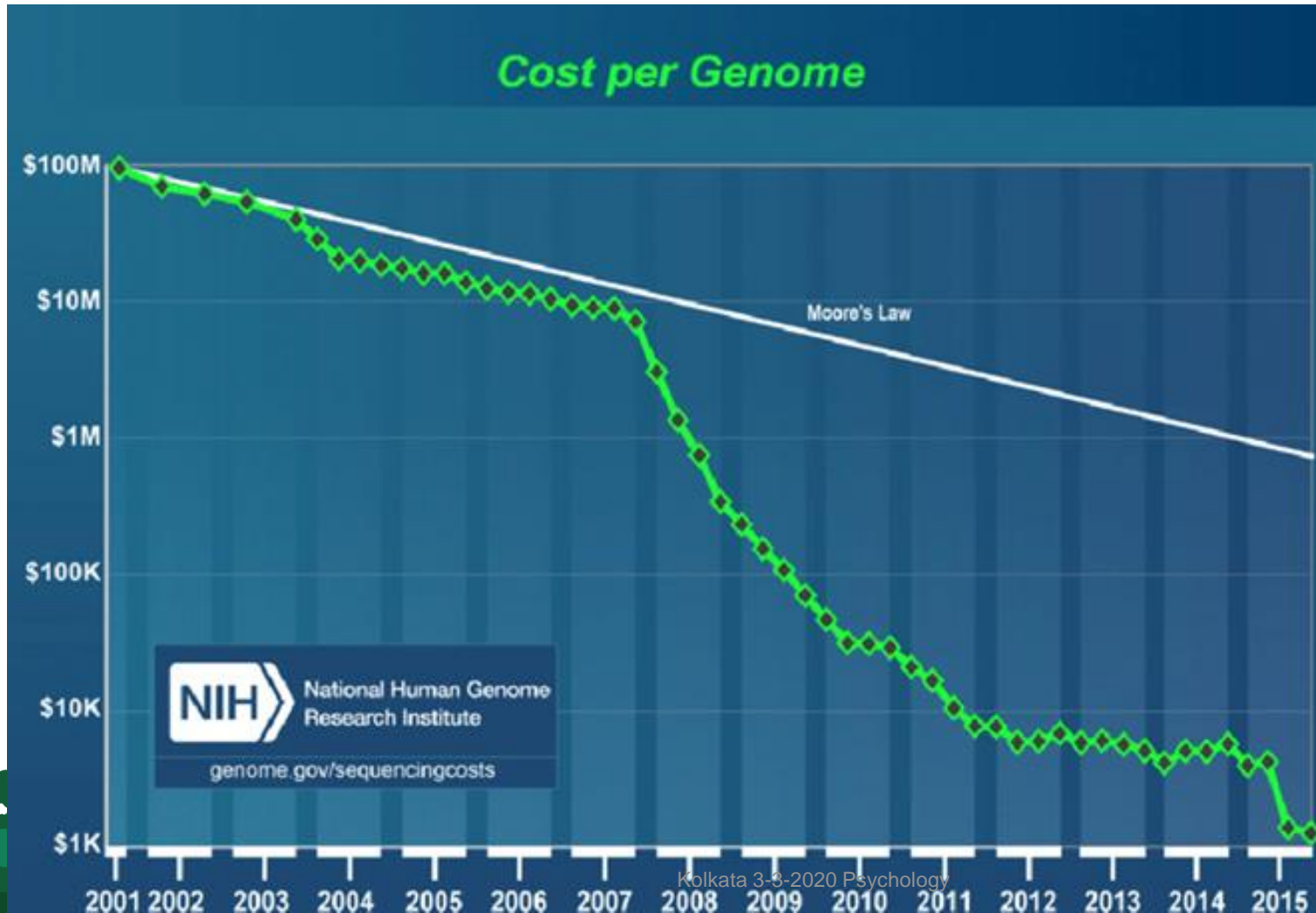
Importance of a diagnosis

Physical and mental disabilities reported due to **birth trauma**; may be caused by **GATAD2b gene** mutation.

Most parts of the world these diagnostics are not available, and pricing of foreign laboratories unaffordable.

The Netherlands, South America , 2019





Whole Genome Sequencing,

or WGS for short, is literally knowing all the letters of a person's DNA in the proper sequence. But knowing the letters is just the first part of the equation.

The tricky part is interpreting, or analyzing, what those letters mean.

www.veritasgenetics.com/myGenome

If you printed all your DNA
(6.4 billion letters), it would fill

4,200 books*

23andMe
looks at
less than 1%
of your DNA

(equivalent to
180 pages)

Veritas
sequence
whole genome
(equivalent to
4,200 books)



* Assuming that a book, like Darwin's *Origin of Species*, has 500 pages.

And this matters because having
your **whole genome** sequenced means:

1. More Useful Info

90%+ of relevant DNA
is distributed across
your genome

2. More Actionable Insights

Make better health &
lifestyle decisions with
clinical-grade results

3. A Resource for Life

Sequence your genome
once and learn more
and more as science
progresses

\$999
(in the U.S.)

Get the most comprehensive genetic testing service there is.

Make more informed decisions about your health, learn about your ancestry, and much more.

Ready to order?

LET'S GO!

my Genome
by Veritas
Your Genome. Your Journey.

Global Child Health

**World wide children are measured,
examined, developmental screened, and
vaccinated in
Preventive child health**



Global Child Health

Measure
Head circumference



DCC gene mutation p.(Val1117Met) p.(Thr1339Ile)

Pathogenic mutation ?

DCC gene mutations are associated with congenital mirror movement disorder

The Netherlands



Causes of Autism



WHOLE – EXOME sequenc



In this study, we performed whole-exome sequencing on 120 Autism Spectrum Disorder cases and identified three missense mutations in coding regions of the **MECP2** gene. >
RETT Syndrome

Biomarker Research Read the latest articles BMC

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MA Molecular Autism

Home About Articles Submission Guidelines

Abstract Background Methods Results Conclusions Discussion Declarations References

Research | Open Access

Identification of autism-related *MECP2* mutations by whole-exome sequencing and functional validation

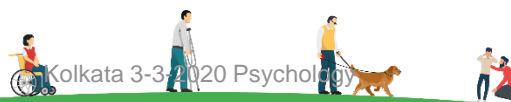
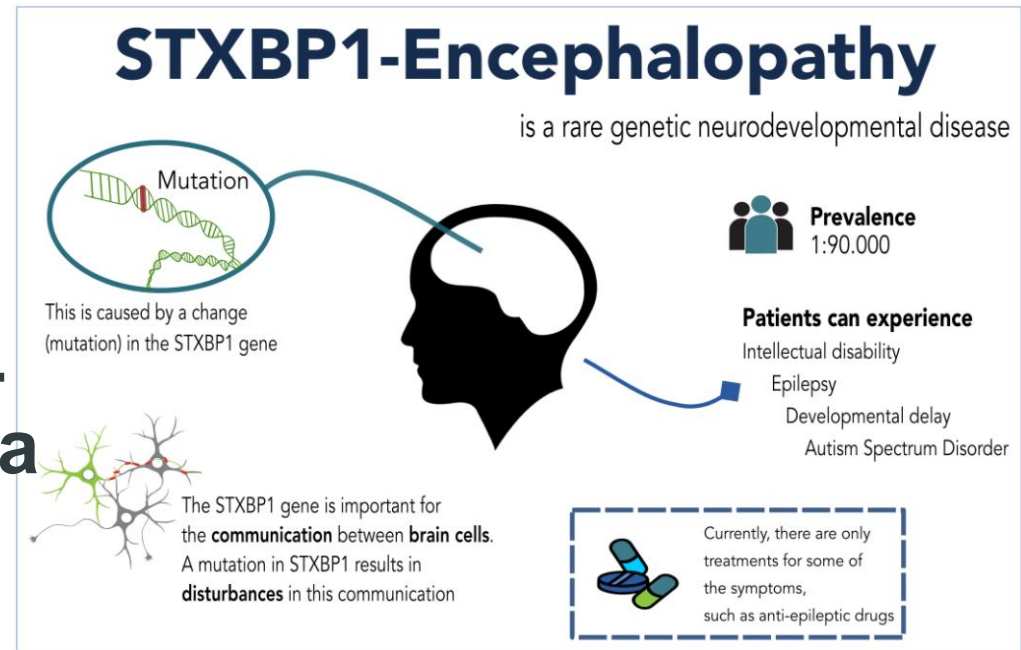
Zhu Wen, Tian-Lin Cheng, Gai-zhi Li, Shi-Bang Sun, Shun-Ying Yu, Yi Zhang ✉, Ya-Song Du ✉ and Zilong Qiu ✉

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1 month hospitalized
Seizures : abnormal EEG
generalized epilepsy
MRI normal

STXBP1; epileptic encephalopathy type 4 OMIM #612164/ Otahara syndrome



Coordinated Care

-developmental delay

-**early loss of teeth**

Exom screening, genes related to developmental delay:

Gene RPSKA3: mutation c.1198C>T

Coffin Lowry Syndrome

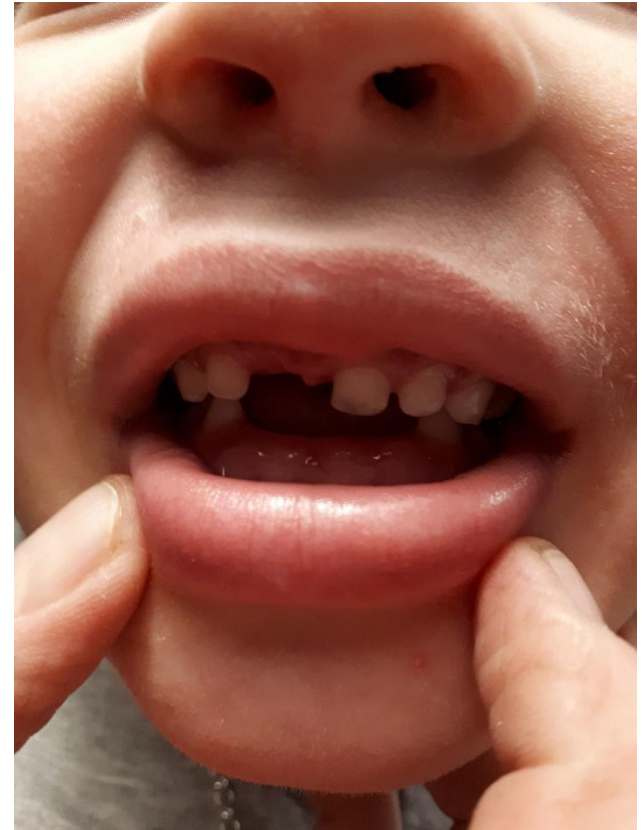
-progressive kyphosis/scoliosis

-sensorineural hearing defect .

-cardiac evaluation

-sudden loss of muscle tone induced by unexpected tactile or auditory stimuli and epilepsy.

The Netherlands





90%
agree

To access their own health data
(requiring interoperable and quality health data)

80%
agree

To share their health data
(if privacy and security are ensured)

80%
agree

To provide feedback on quality of treatments

Kolkata, India

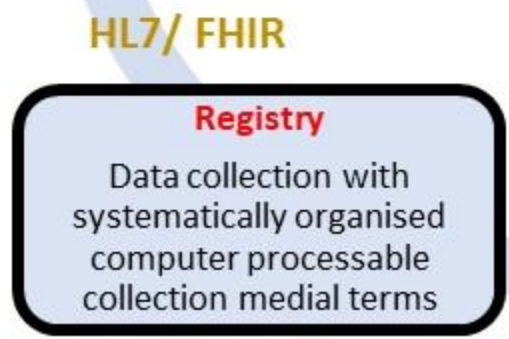
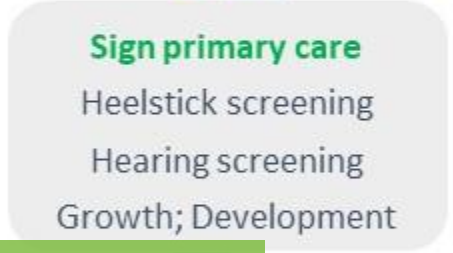
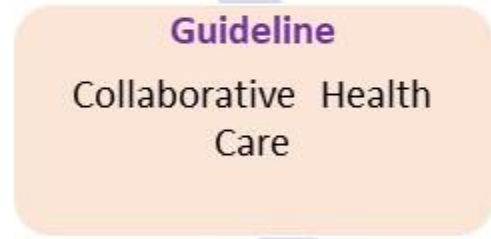
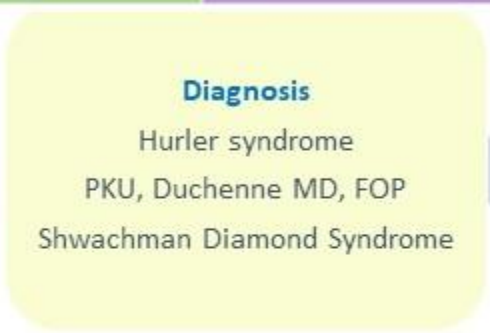


Co - Management

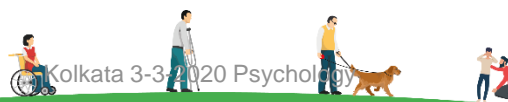


Patient Information	Primary Care	Diagnosis Collaborative care	Social Services
www.shwachman.nl https://rarecare.world	Growth retardation Recurrent infections (LOINC)	Guideline SDS (Orphanetcode; SNOMED, ATC e.a.)	Recurrent illness Fatigue, Short (ICF-CY; ISO 9999)

Stichting Shwachman syndroom Support Holland



Codification	Meaning
ICD & Orpha code	International Code of Diseases / Orphanet code
ICF (-CY) 	 World Health Organization The <i>International Classification of Functioning, Disability and Health for Children and Youth (ICF-CY)</i> is a derived version of the <i>International Classification of Functioning, Disability and Health (ICF, WHO, 2001)</i> designed to record characteristics of the developing child and the influence of environments surrounding the child .
LOINC 	A universal code system for tests, measurements, and observations.
ATC 	The purpose of the ATC/DDD system is to serve as a tool for drug utilization research in order to improve quality of drug use.
ISO 9999 	ISO 9999:2011 establishes a classification of assistive products, especially produced or generally available, for persons with disability.
HPO 	The Human Phenotype Ontology (HPO) provides a standardized vocabulary of phenotypic abnormalities encountered in human disease.



LOINC

The international standard for identifying health measurements, observations, and documents.

Interoperable codes in care

Local Code^Local Name^Code System | LOINC code^LOINC name^Code System

```
OBX|2|NM|123^WBC^HSP_A^26464-8^Leukocytes [# /volume] in Blood^LN|10.8|K/MM3|F|
OBX|3|NM|234^RBC^HSP_A^26453-1^Erythrocytes [# /volume] in Blood^LN|4.82|MIL/MM3|F|
OBX|4|NM|345^HGB^HSP_A^718-7^Hemoglobin [mass/volume] in Blood^LN|15.1|G/DL|F|
OBX|5|NM|456^HCT^HSP_A^20570-8^Hematocrit [Volume Fraction] of Blood^LN|45|%|F|
```

Notice how the result value and units have their own places in the message



Goldenhar's
Abnormal ear

HP:0008551



FOP
Abnormal toe

HP:0010109



Coffin-Lofgren's
Tapered fingers

HP:0001182

Measuring Head Circumference

LOINC
8287-5



Lower limb asymmetry

HP:0100559

Kolkata 3-3-2020 Psychology



Shwachman-Diamond Syndrome

ATC

A09AA02
Pancreatine



(Dis) Abled People in Society



22qdeletion

The Family



Skeletal Dysplasia

At work



Fibrodysplasia
Ossificans Proprogressiva

Studies
Animal Science



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Anal atresia 1:5000, after operation parents daily wash the bowel, child will not easily be toilet trained if at all



Rare diseases seriously impact everyday life

7 in 10 patients & carers

reduced or stopped professional activity due to their or their family member's rare disease.



8 in 10 patients & carers

have difficulties completing daily tasks (household chores, preparing meals, shopping etc.)



2/3 of carers

spend more than 2 hours a day on disease-related tasks.



3 times more people

living with a rare disease and carers report being unhappy and depressed than the general population*



* Rare Barometer Voices sample compared to International Social Survey Programme, 2011



Rare Barometer Voices is a EURORDIS-Rare Diseases Europe online survey initiative. It brings together over 6,000 patients, carers and family members to make the voice of the rare disease community stronger. Results are shared with policy decision makers to bring about change for people living with a rare disease.



Thank you to all Rare Barometer Voices participants and partners!

www.eurordis.org/content/contribute-rare-barometer-programme

3,071
people responded to the survey.

The survey was conducted in
23 languages
across
42 countries

For more information visit
eurordis.org/voices or email
rare.barometer@eurordis.org



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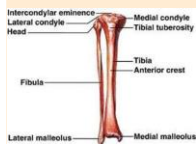


Fibula Hypoplasia

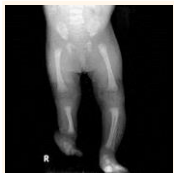
ICF International Classification, Functioning, Disability and Health



First Feature



Diagnosis
Fibula Hypoplasia



Medical Guideline



ICF : Body Functions & Structures

ICF: Activity
Participation

ICS > 11 > 11.180 > 11.180.01

ISO 9999:2016

Assistive products for persons with disability —
Classification and terminology



ICF Classifications



ICF Chapters

Function

Scale of the severnes of the disturbance of the function: b167.3 severe disturbance of mental functions related to language

Structure

Scale of anatomic structure s 730.3 severe disturbance of anatomic structure upper arm

Activities/Participation

Performance and ability

Environment

Scale Restricting and supportive factors

Participation

Scale of personal factors

(KOLKATA)



<https://www.icf-elearning.com>

https://www.icf-elearning.com/wp-content/uploads/articulate_uploads/ICF%20e-Learning%20Tool_2018%20-%20Storyline%20output/story_html5.html

Menu Glossary

Home

Welcome

Chapter 1: Need for ICF

Chapter 2: Aims of the ICF

Chapter 3: Uses of the ICF

Chapter 4: The ICF model

Chapter 5: Structure and codes

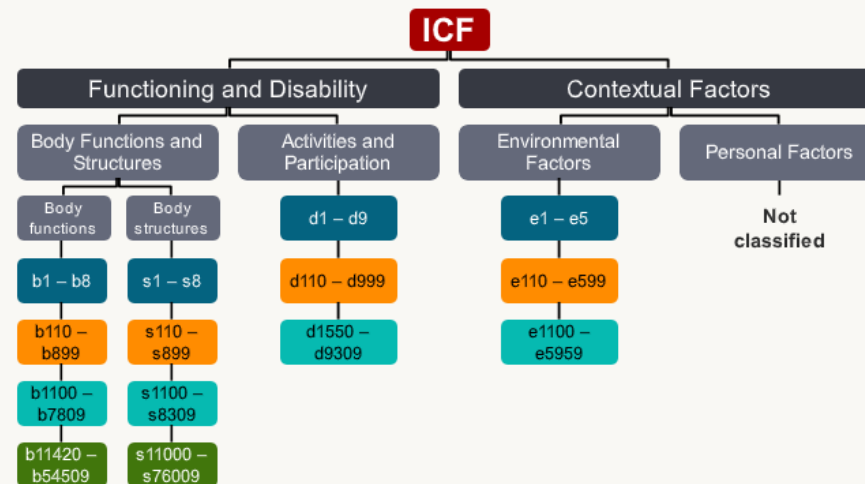
Chapter 6: ICF Qualifiers

Chapter 7: WHO-FIC

References and picture credits

The structure and codes of the ICF

The ICF does this as well. In the ICF, ICF categories are like the geometrical objects in the previous illustration. ICF categories are placed in similar groupings of health and health-related domains and are organized in a hierarchical manner.



The following slides will explain how the ICF is structured and organized.

4/35

< PREV

NEXT >



<https://www.icf-elearning.com>

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- Chapter 7: WHO-FIC
- References and picture credits

The structure and codes of the ICF

Categories at the 2nd level: Definition

Activities and Participation

- d1
- d2
- d3
- d4
- d5
- d6
- d7
- d8
- d9 Community, social and civic life

d910

d920 Recreation and leisure


d930 Engaging in any form of play, recreational or leisure activity, such as informal or organized play and sports, programs of physical fitness, relaxation, amusement or diversion, going to art galleries, museums, cinemas or theatres; engaging in crafts or hobbies, reading for enjoyment, playing musical instruments; sightseeing, tourism and traveling for pleasure.

d940

d950

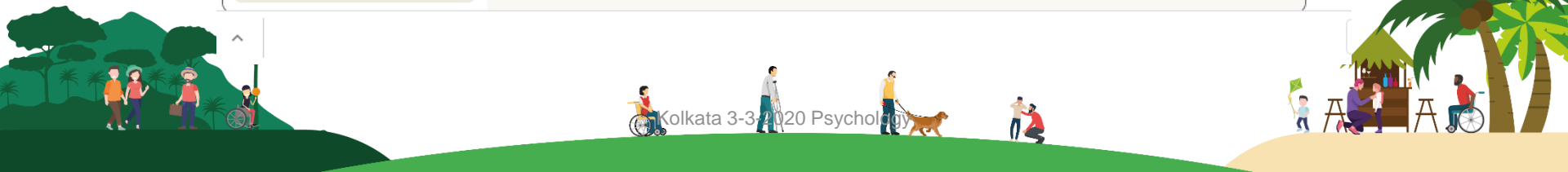
d998

d999



28/35

< PREV NEXT >



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ICF Qualifiers

The ICF Qualifiers for the **Body Functions and Structures, Activities and Participation** components classified in the ICF are quantified using the **same generic scale**.



XXX.0 NO problem (none, absent, negligible, ...)	0 – 4 %
XXX.1 MILD problem (slight, low, ...)	5 – 24 %
XXX.2 MODERATE problem (medium, fair, ...)	25 – 49 %
XXX.3 SEVERE problem (high, extreme, ...)	50 – 95 %
XXX.4 COMPLETE problem (total, ...)	96 – 100 %

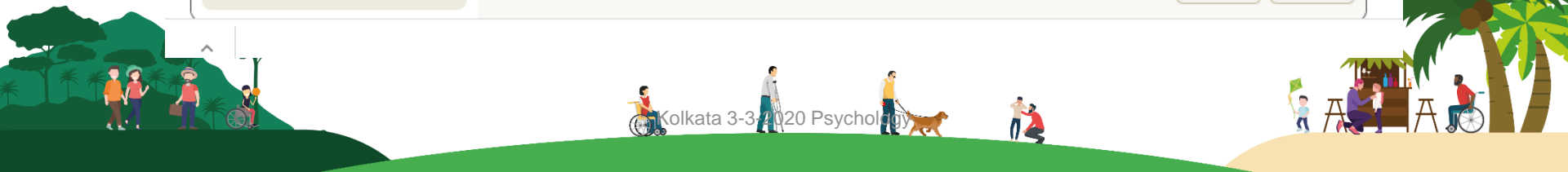
XXX.8 not specified (the available information does not suffice to specify the severity of the problem, i.e. you know that it does not stand for a 0, but you have no information for deciding to apply a qualifier between 1 and 4)

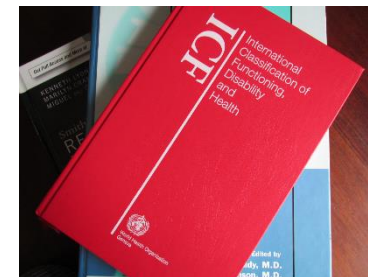
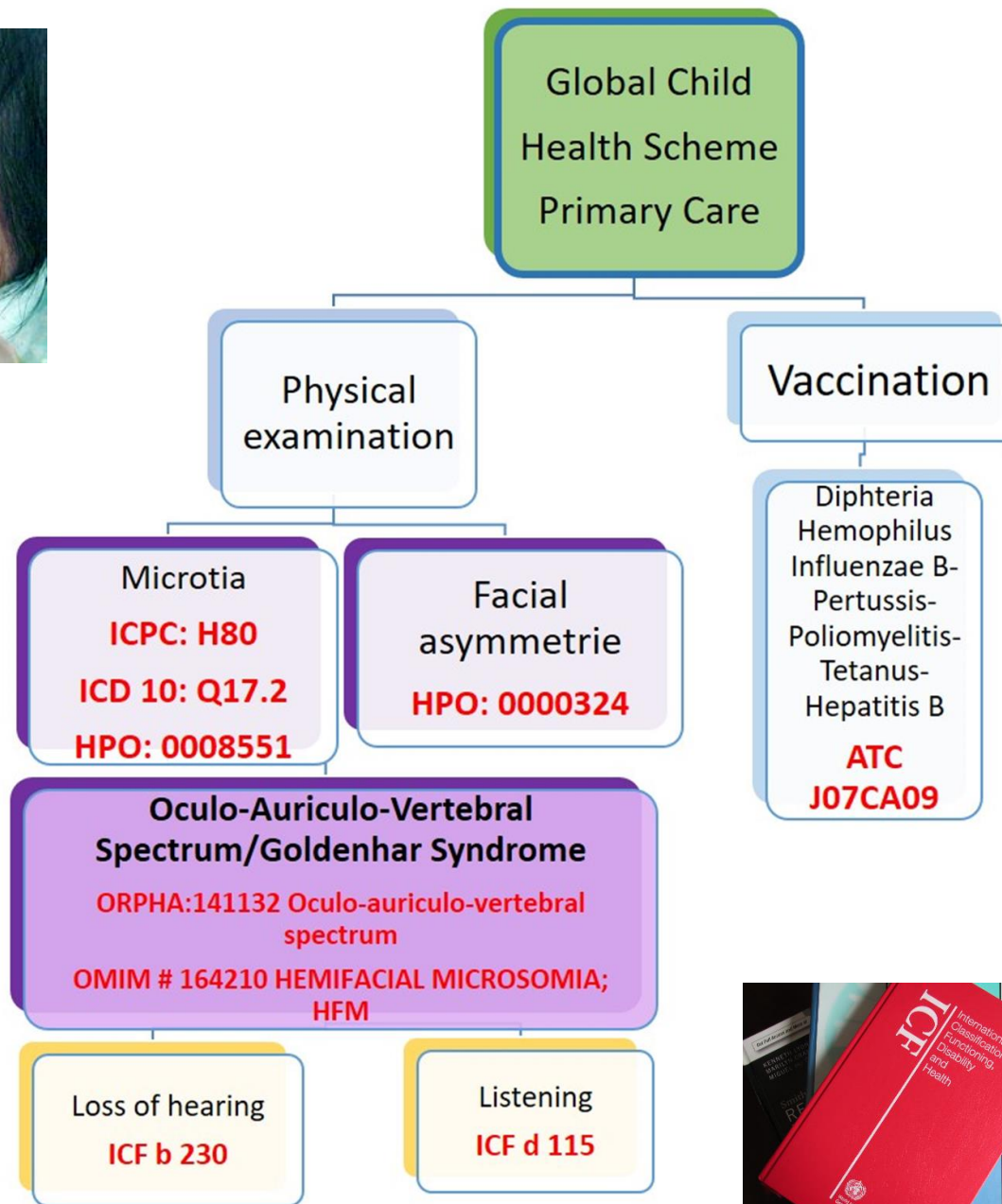
XXX.9 not applicable (it is inappropriate or not possible to apply the code)

5/21

< PREV

NEXT >





RECOGNIZE

IDENTIFYING AT-RISK FACTORS

IDENTIFY >

RARE CONDITIONS

IMPROVE THE LIVES OF PEOPLE

KNOWING >

SOCIETY

ACHIEVING GREAT THINGS IN LIFE

SUPPORT >

PATIENT ORGANIZATIONS

INFORMATION IS OF VITAL IMPORTANCE

CONNECT >



Building the Rare Disease knowledge and information ecosystem

[Home](#) / [Rare condition](#) / [থ্যালাসেমিয়া প্রধান বা বিটা থ্যালাসেমিয়া](#)

থ্যালাসেমিয়া প্রধান বা বিটা থ্যালাসেমিয়া

থ্যালাসেমিয়া জেনেটিকালি (উত্তরাধিকারসূত্রে) রক্তের রোগের একটি গ্রুপ যা সাধারণ এক বৈশিষ্ট্যে ভাগ করে; হিমোগ্লোবিনের ত্রুটিপূর্ণ উত্পাদন যা প্রোটিন যা লাল রক্ত কোষগুলিকে বহন ও অক্সিজেন সরবরাহ করতে সক্ষম করে। ত্রুটিপূর্ণ হিমোগ্লোবিন সংশ্লেষণের বিভিন্ন পদ্ধতি রয়েছে এবং অতএব, বহু ধরনের থ্যালাসেমিয়া রয়েছে।

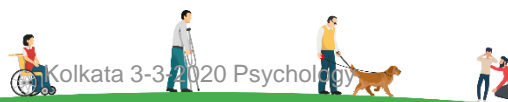
বিটা থ্যালাসেমিয়া হিমোগ্লোবিনের বিটা গ্লবিন শৃঙ্খলার অনুপস্থিতি বা হ্রাস সংশ্লেষণের কারণে ঘটে। বিটা থ্যালাসেমিয়া বৈশিষ্ট্য বা বিটা থ্যালাসেমিয়া নাবিক ব্যক্তির বিটা থ্যালাসেমিয়া বা বিটা-থ্যালাসেমিয়ার একজন ক্যারিয়ারের হেটারজাইজাস। বিটা থ্যালাসেমিয়া মেজারের ব্যক্তি হল বিটা থ্যালাসেমিয়ার জন্য হোমজাইজাস এবং এভাবে ত্রুটিপূর্ণ জিনের দুটি কপি রয়েছে এবং এই রোগটি বিকাশ করে: থ্যালাসেমিয়া প্রধান। জিনের সম্পূর্ণ অনুপস্থিতিটি $\beta 0$ থ্যালাসেমিয়া হিসাবে বর্ণনা করা হয় এবং $\beta +$ হিসাবে সংশ্লেষকে হ্রাস করা হয়। বিটা-গ্লোবিনের হ্রাস α গ্লবিন চেইনগুলিতে আপেক্ষিক অতিরিক্ত বাড়ায়।

OMIM

#613985 BETA-THALASSEMIA

ORPHA

ORPHA:231214 Beta-thalassemia major



Kolkata 3-3-2020 Psychology

Thank

- European Pediatric Rare Disease Network

John Dodge, U.K.

Lali Margvelashvili, Georgia

Velibor Tasic, N- Macedonia

David Neubauer, Slovenia

Arunas Valiulis, Lithuania

Jola Wierzba, Poland

- Consensus in Pediatrics and Child Health

Manual Katz, Israel

- Forum Rare Diseases, Sri Lankan Pediatric Society

Anjan Bhattacharya, India

- People with a rare condition and their families



Stichting Shwachman syndroom



Support Holland



Kolkata 3-3-2020 Psychology



Just normal people



Advocaters

Goldenhar syndrome

Thalassemia

Chromosome abnormality

Shwachman Diamond Syndrome



Thank You
For Your Attention

