

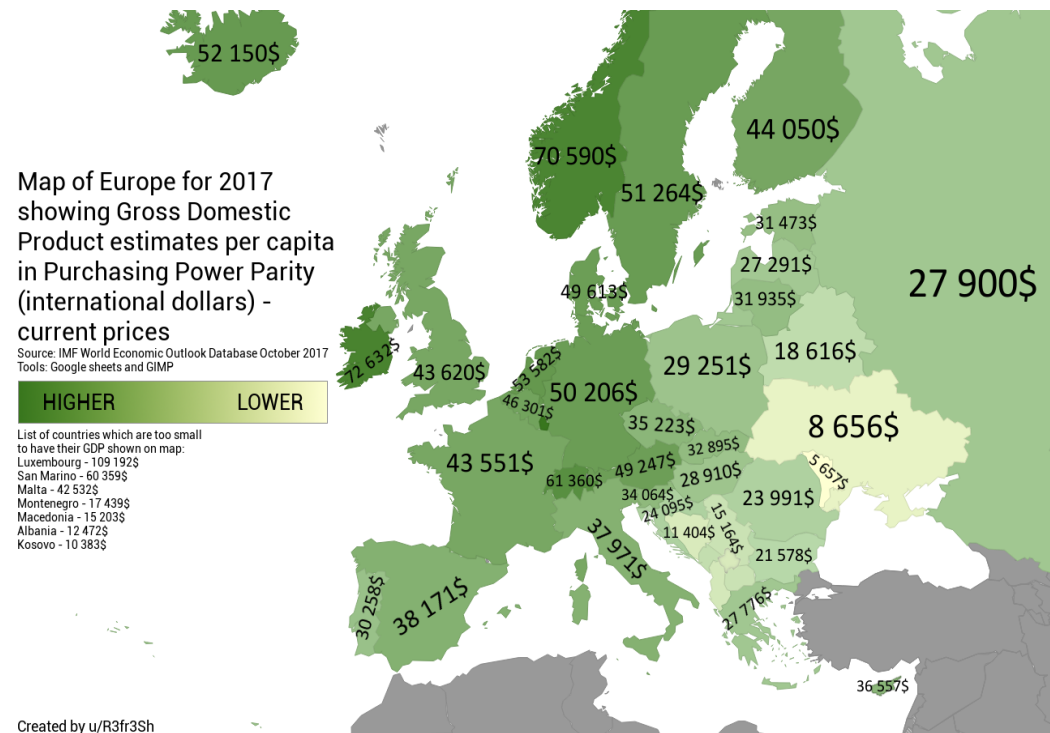


# Rare Diseases in low economy countries - challenges and opportunities

Meeting of families with Alport Syndrome  
OHRID, Macedonia  
August 31th, 2018

# Gross Domestic Product per Capita in Purchasing Power Parity

Macedonia \$15,203



In 2017, the **average GDP per capita (PPP)** of all of the countries of the world is **USD \$17,300**.

Using a PPP basis is comparing generalized differences in living standards between nations because PPP takes into account the relative cost of living.



# Low quality healthcare is increasing the burden of illness and health costs globally

5 July 2018 News Release Geneva



Poor quality health services are holding back progress on improving health in countries at **all income levels**, according to a new joint report by the OECD, World Health Organization (WHO) and the World Bank.

Today, **inaccurate diagnosis, medication errors, inappropriate or unnecessary treatment**, inadequate or unsafe clinical facilities or practices, or providers who **lack adequate training and expertise** prevail in all countries.

# Global Gathering for Rare Diseases

The inauguration of the **Non Governmental Organization** Committee for Rare Diseases took place 11 November 2016 **the United Nations Headquarters in New York**



## Objectives

The NGO Committee for Rare Diseases is a multi-stakeholder, inclusive, global ecosystem focused on rare diseases, which aims:

To **increase visibility** of rare diseases at the global level

To **extend and share knowledge** about rare diseases and their unmet needs

To **connect** NGOs interested in rare diseases and their partners within a global platform

To **promote international, multi-stakeholder collaboration and actions** for rare diseases

To **align** rare diseases as a global priority in public health, research and medical and social care policies

# Primary Health Care can meet 80-90% of an individual's needs cover over the course of their life

<http://www.who.int/primary-health/en/>



World Health Organization

## What is Primary Health Care?



WHO/Yoshi Shimizu

At its heart, primary health care is about caring for people, rather than simply treating specific diseases or conditions.

PHC is usually the first point of contact people have with the health care system. It provides comprehensive, accessible, community-based care that meets the health needs of individuals throughout their life.

This includes a spectrum of services from prevention (i.e. vaccinations and family planning) to management of chronic health conditions and palliative care.

## Why is PHC important?



WHO/Yoshi Shimizu

PHC can meet 80-90% of an individual's health needs over the course of their life.

A health system with a strong PHC as its core delivers better health outcomes, efficiency and improved quality of care compared to other models.

We need health systems with strong PHC if we are to achieve universal health coverage.

WHO Framework on integrated people-centred health services

## How can we make PHC happen?



WHO/Yoshi Shimizu

PHC development has been unequal across the world. This is often due to a combination of under investment, lack of political will and misconceptions about the role and benefits of PHC.

Universal health coverage requires a renewed focus on PHC and primary care and their importance for individuals, health systems and health for all.

[The World Health Report 2008 - Primary Health Care \(Now More Than Ever\)](#)

[Learn about people-centred care](#)

# Rare is common in pediatrics

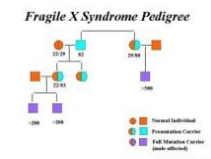


- A disease or disorder is defined as rare in Europe when it affects less than **1 in 2000**.
- There are between **6000** and 8000 rare diseases: **5-8%** population
- 80% of rare diseases are of genetic origin, and are often **chronic** and **life-threatening**
- Over 50 % manifests in childhood, almost each chronic condition in childhood,
- < 5 y 2-3 % have a rare disease



# Identifying children with a disability through primary care, child health surveillance, and vaccination programs



Primary Care

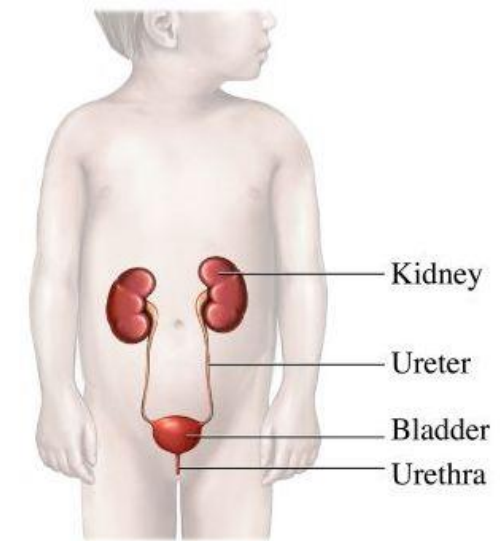
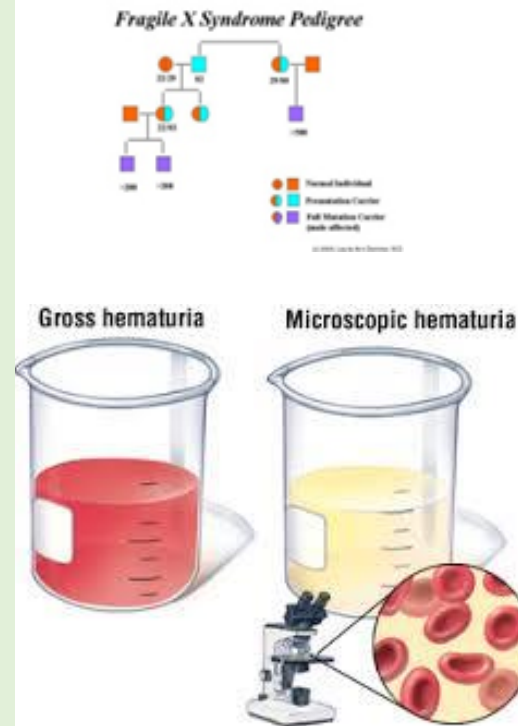
Preventive Child Health	age	feature	Rare Disease
<p><b>Family history</b></p>	neonatal	<p>X linked and autosomal recessive &amp; dominant</p> 	<ul style="list-style-type: none"> <li>Alport syndrome</li> <li>Neurofibromatosis</li> </ul>
Heel prick screening	neonatal	National program	<ul style="list-style-type: none"> <li>Sickle cell disease</li> <li>Phenyl Keton Uria</li> </ul>
<p>Hearing screening <i>Otoacoustic emission</i></p> <p><i>Automated Auditory Brainstem Response</i></p> 	neonatal	<p>Hearing deficit 0,2% &gt; 76% cause identified 39% - 60% genetic , 30% aquered (cytomegalovirus) Other causes</p>	<ul style="list-style-type: none"> <li>Usher syndrome 50% hereditary forms combining deafness and blindness prevalence of 3 to 6.2 per 100,000</li> </ul>
Congenital anomaly	neonatal	<p>Club feet 1/700-1/1000 of liveborns</p> 	<p>20% associated with</p> <ul style="list-style-type: none"> <li>distal arthrogryposis,</li> <li>congenital myotonic dystrophy, or other genetic syndromes</li> </ul>



# Recognize Alport syndrome



- Family history kidney disease
- Tests or exams make a diagnosis:
  - Urine test: protein and blood in urine.
  - Blood test: A blood test levels of protein, and wastes in your blood.
  - Ultrasound kidney
  - Hearing test: A hearing test will be done to see if your hearing has been affected.
  - Vision test: A vision test will be done to see if you vision has been affected.



- Glomerular filtration rate (GFR): A blood test will be done to know how well your kidneys are filtering the wastes from your body.
- Kidney biopsy: looked at under a microscope.
- Genetic test: This can help confirm the diagnosis and determine the genetic type of Alport syndrome you may have.



# Rare diseases seriously impact everyday life

**7 in 10** patients & carers

reduced or stopped professional activity due to their or their family member's rare disease.



**8 in 10** patients & carers

have difficulties completing daily tasks (household chores, preparing meals, shopping etc.)



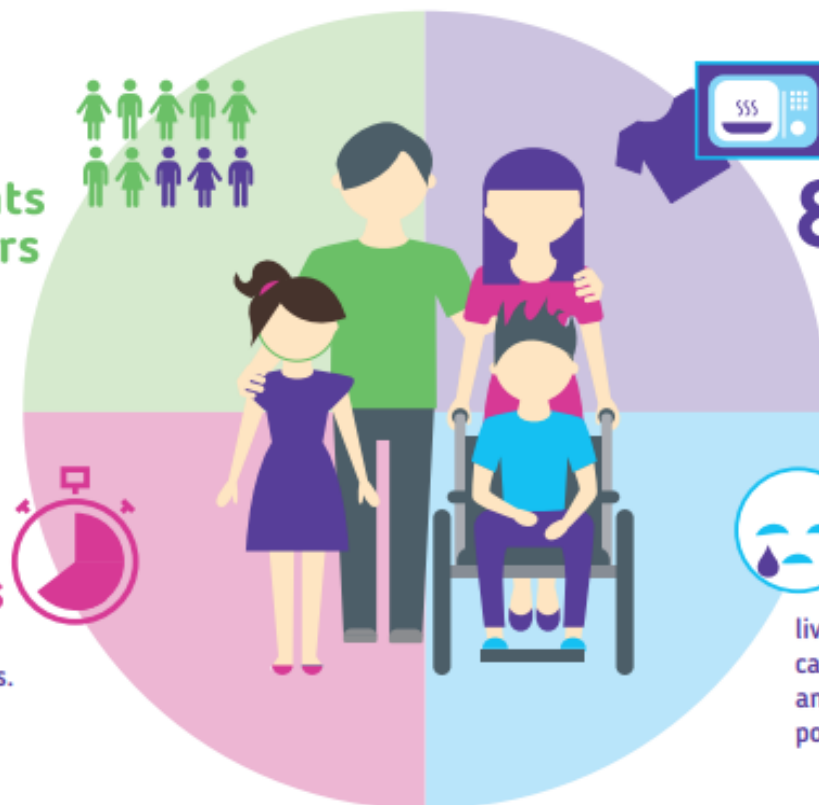
**2/3** of carers

spend more than 2 hours a day on disease-related tasks.



**3 times** more people

living with a rare disease and carers report being unhappy and depressed than the general population\*



\* Rare Barometer Voices sample compared to International Social Survey Programme, 2011



Rare  
Barometer  
Voices

A EURORDIS INITIATIVE

Rare Barometer Voices is a EURORDIS-Rare Diseases Europe online survey initiative. It brings together over 6,000 patients, carers and family members to make the voice of the rare disease community stronger. Results are shared with policy decision makers to bring about change for people living with a rare disease.



Thank you to all Rare Barometer  
Voices participants and partners!

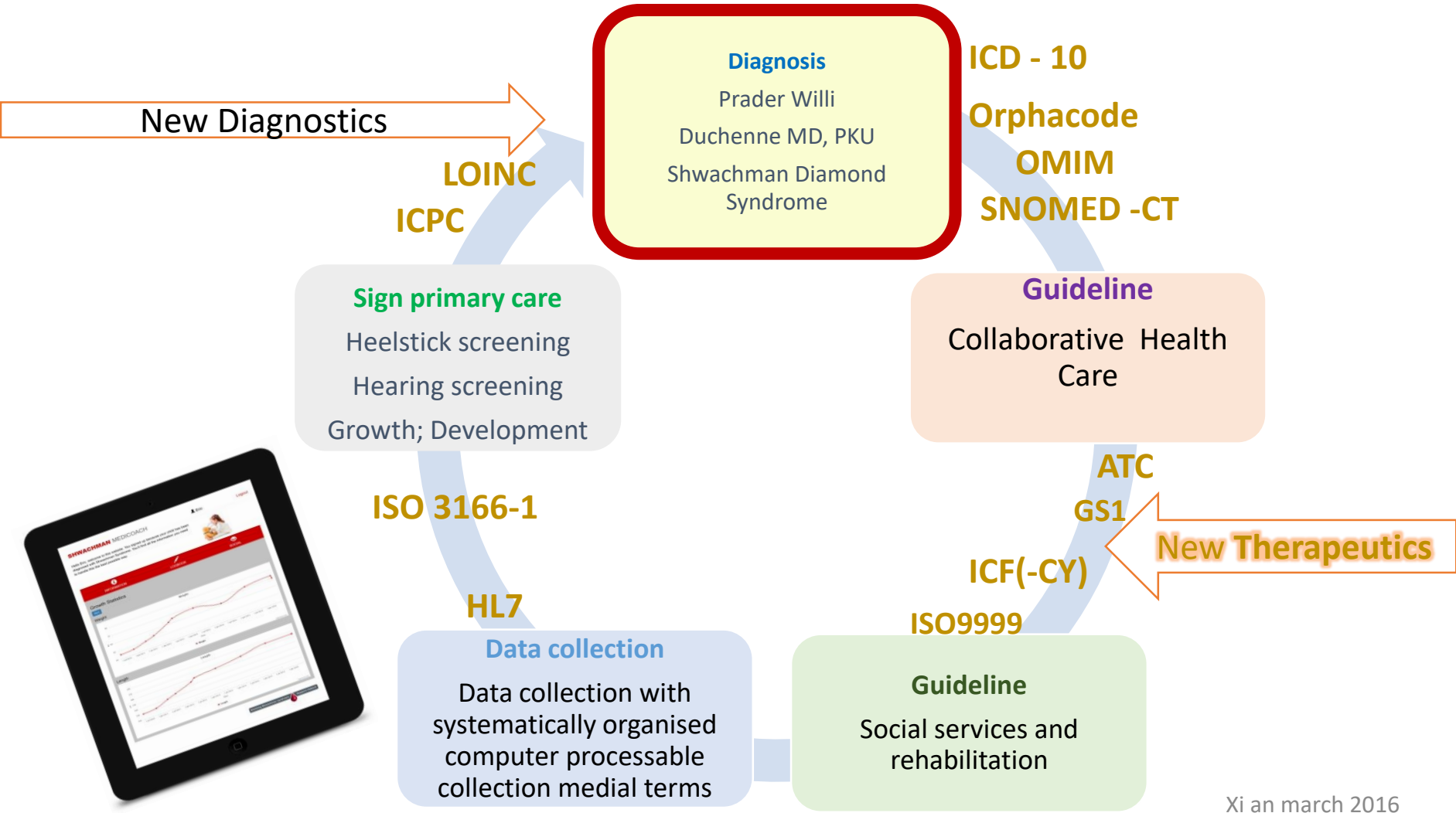
[www.eurordis.org/content/contribute-rare-barometer-programme](http://www.eurordis.org/content/contribute-rare-barometer-programme)

**3,071**  
people responded  
to the survey.

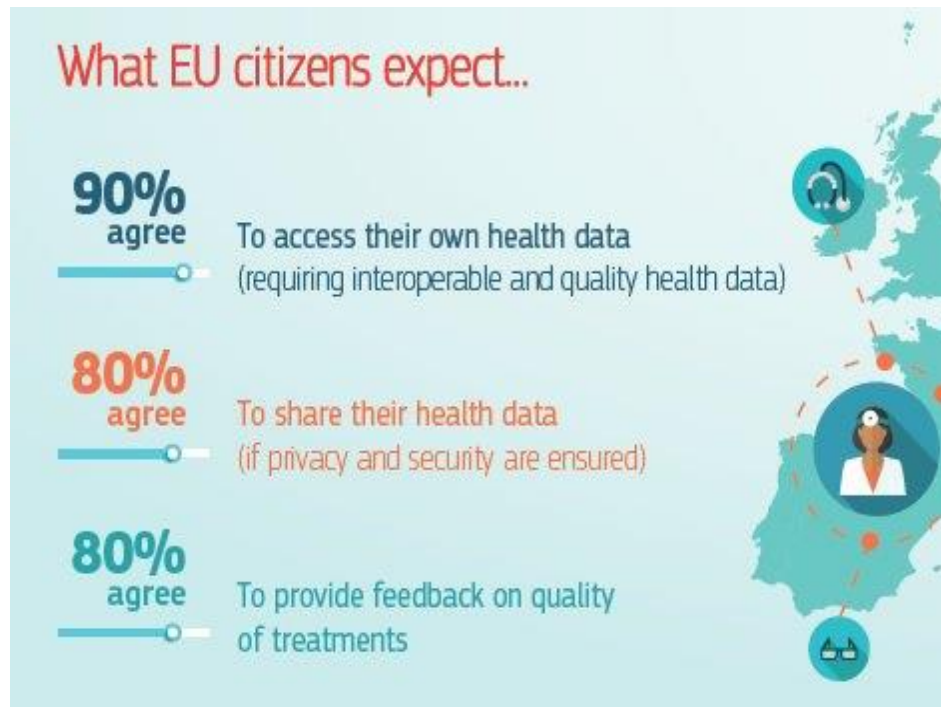
The survey was conducted in  
**23** languages  
**across**  
**42** countries

For more information visit  
[eurordis.org/voices](http://eurordis.org/voices) or email  
[rare.barometer@eurordis.org](mailto:rare.barometer@eurordis.org)

Patient Information	Primary Care	Diagnosis Collaborative care	Social Services
<a href="http://www.shwachman.nl">www.shwachman.nl</a> (ORPHA811) (ICD 10 : D61.0)	Growth retardation Recurrent infections (LOINC)	Guideline SDS (Orphanetcode; SNOMED, ATC e.a.)	Recurrent illness Fatigue, Short (ICF-CY; ISO 9999)



@EU\_Health  
25 april 2018



EU\_Health

Citizens' expectations on #digitalhealth: access to their own data, privacy & security and the ability to give feedback on treatments.

**Data in the EU: Commission steps up efforts to increase availability and boost healthcare data sharing**

# Twitter WHO 30 August 2018



World Health Organization



communities. #HealthForAll

Tweet vertalen

The infographic features a yellow and orange background with a large red question mark. The text reads: "What is health literacy ? The ability to gain access to, understand and use information to promote and maintain good health". In the top right corner, it displays the WHO logo and "World Health Organization REGIONAL OFFICE FOR Europe". A stylized red icon of an open book is positioned on the right side.



The screenshot shows the RareCare.World website with the heading "Building the Rare Disease knowledge and information ecosystem". It includes a search bar, the text "Find and share knowledge about Rare diseases all over the world", and four colored buttons: "RECOGNIZE" (green), "RARE CONDITIONS" (purple), "SOCIETY" (yellow), and "PATIENT ORGANIZATIONS" (orange). Each button has a small descriptive tag below it.

07:09 - 30 aug. 2018